

Miz Helena Books presents...

# Kindness Blooms Pack

Grow kindness, courage, and joy.





# Welcome...

Inside this pack you will discover:

colouring pages  
puzzles  
acts of kindness  
calm activities  
gentle reflection

Every small kindness helps  
something beautiful grow.

# Flower Garden

How many flowers can you spot in the garden?

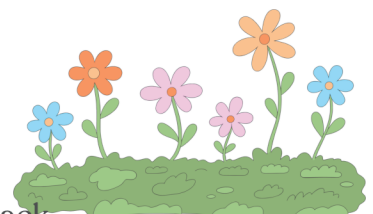
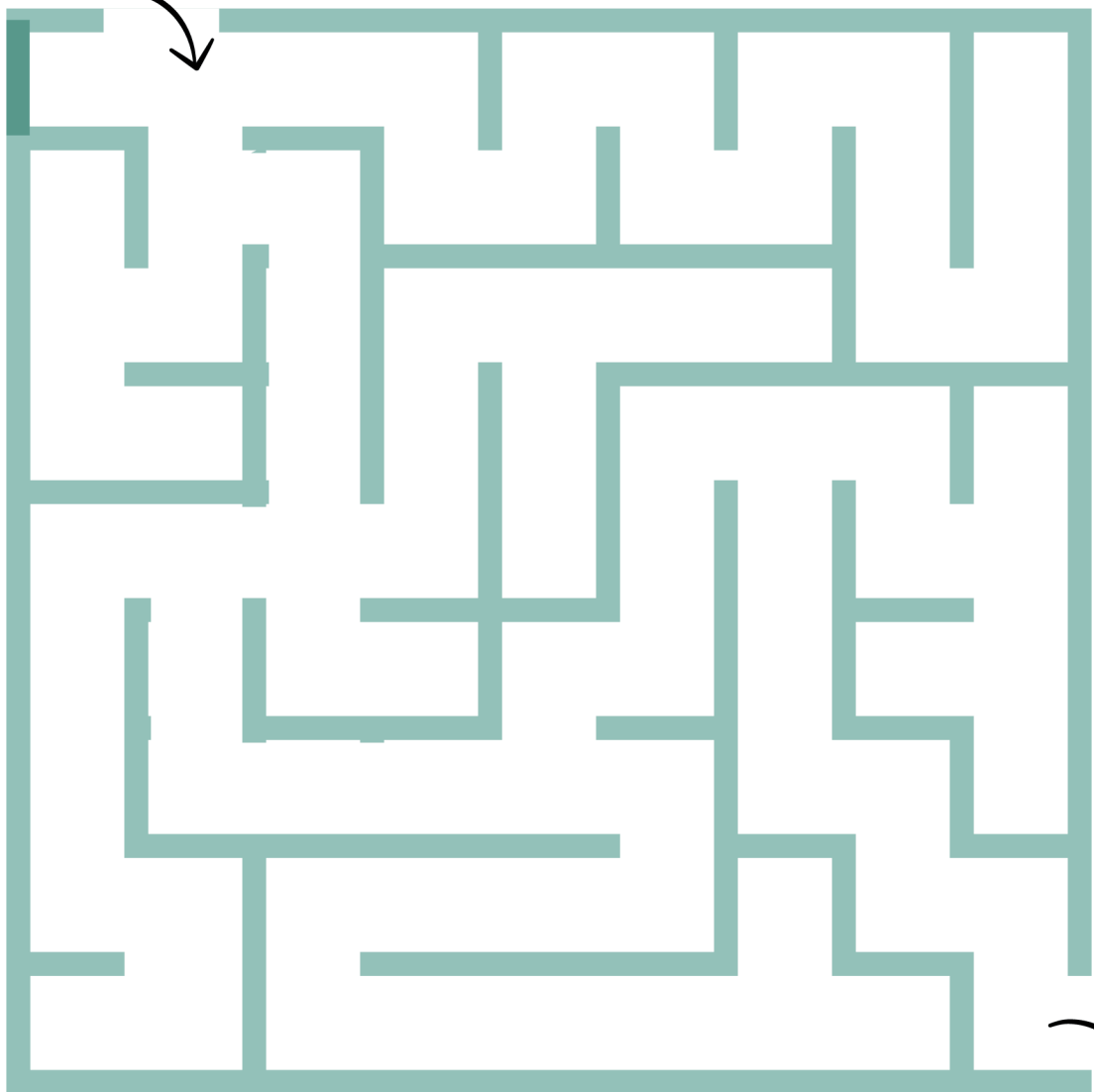
Circle each one.

I found: \_\_\_\_\_ flowers



# GARDEN MAZE

Can you guide the watering can through the garden path to the thirsty flower bed?



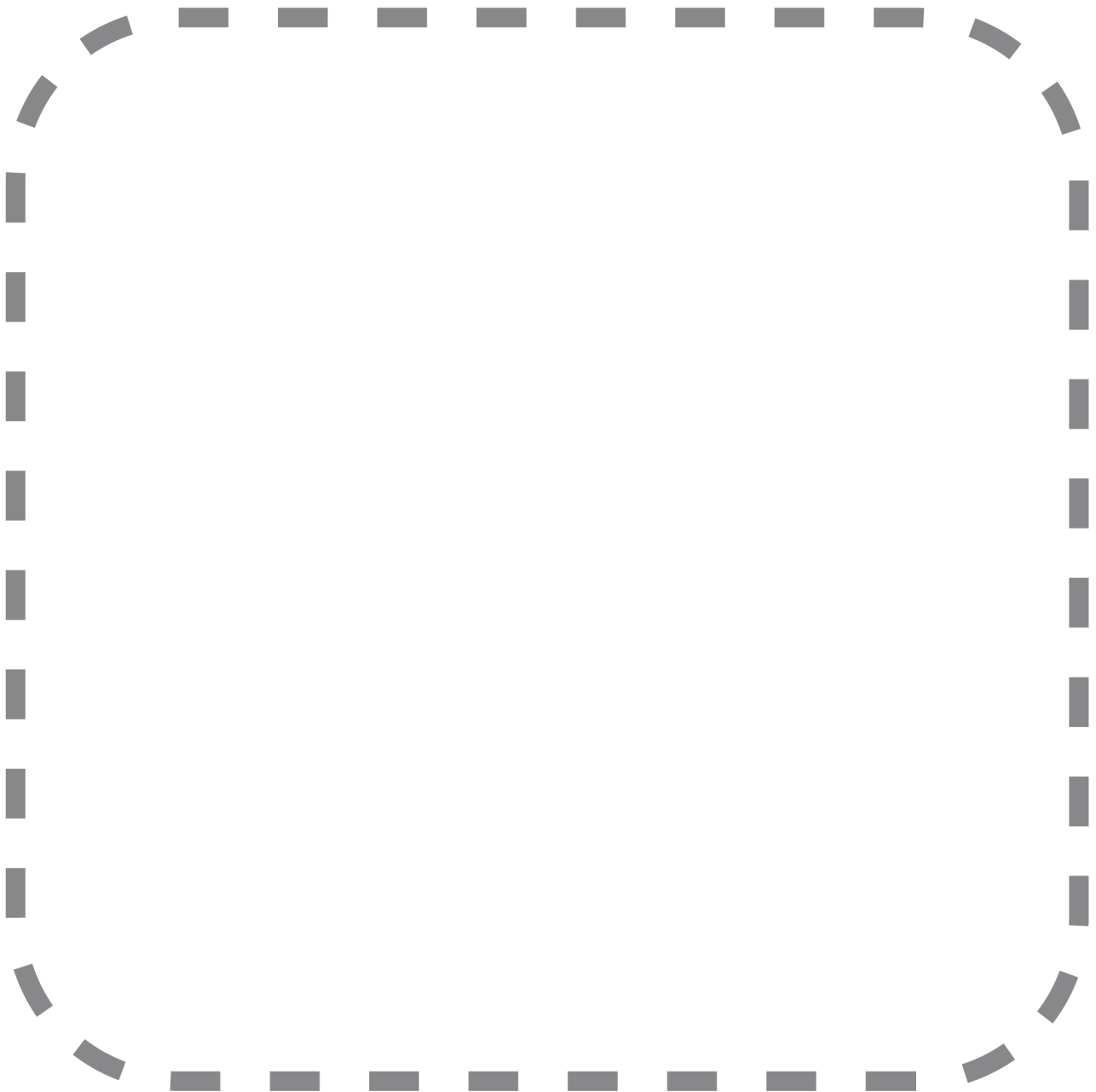
# Colour the Kindness Garden

Bring the flowers, trees, and sunshine to life.



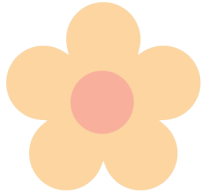
# A Kind Thing I Can Do Today

Write or draw one kind thing you can do for someone.



# Match the Garden Symbols

Draw a line to match the words and garden symbols



**New Beginnings**



**Love**



**Care**



**Hope**



**Kindness**

# Acts of Kindness in the Garden

Write kind words on each flower petal.

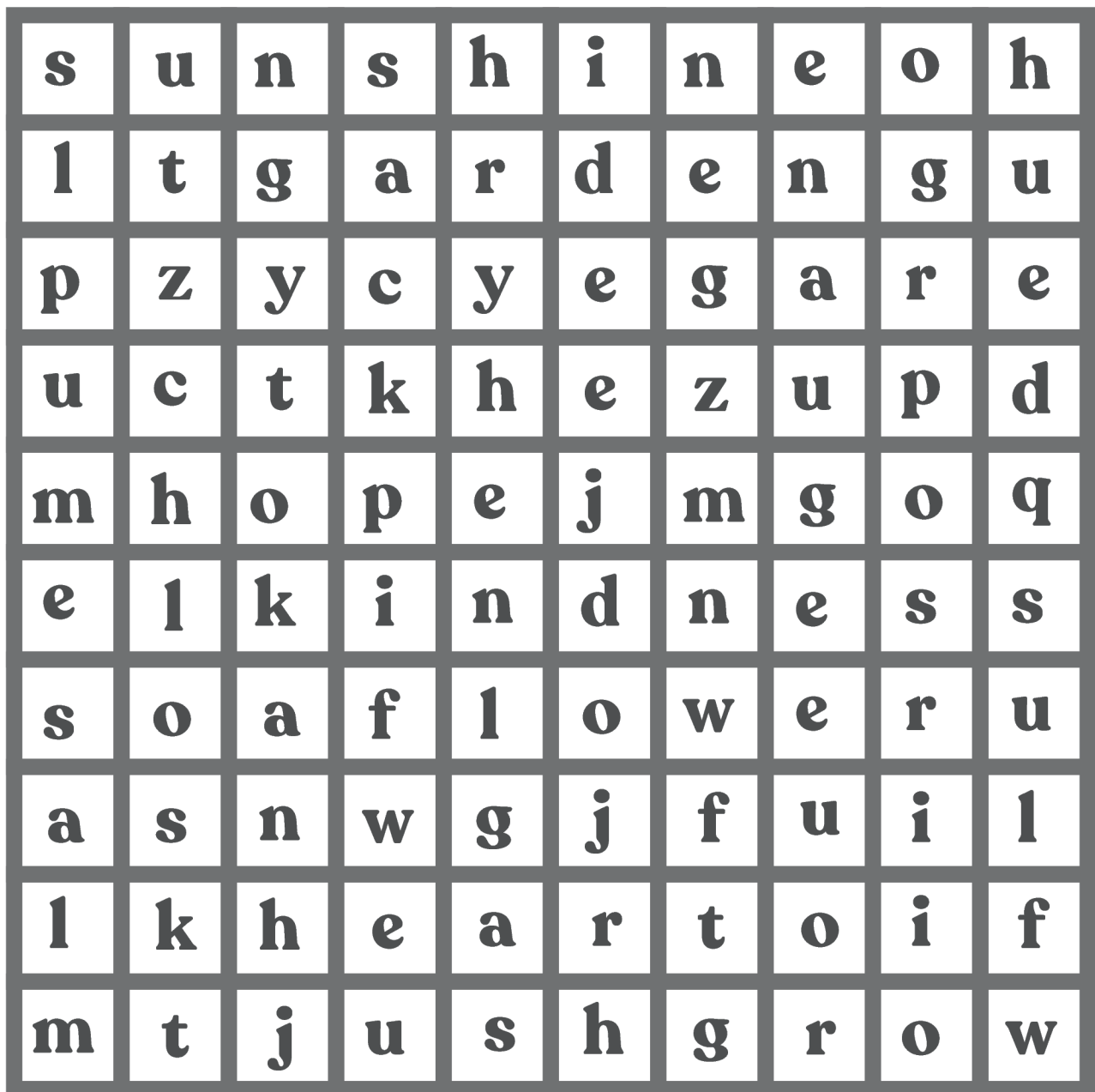




# Design Your Garden

Draw your own flower bed full of colours and kindness.

# Garden Word Search



**Find these words:**

Kindness, Flower

Hope, Garden

Heart, Care

Grow, Sunshine

# Trace the Garden Vines

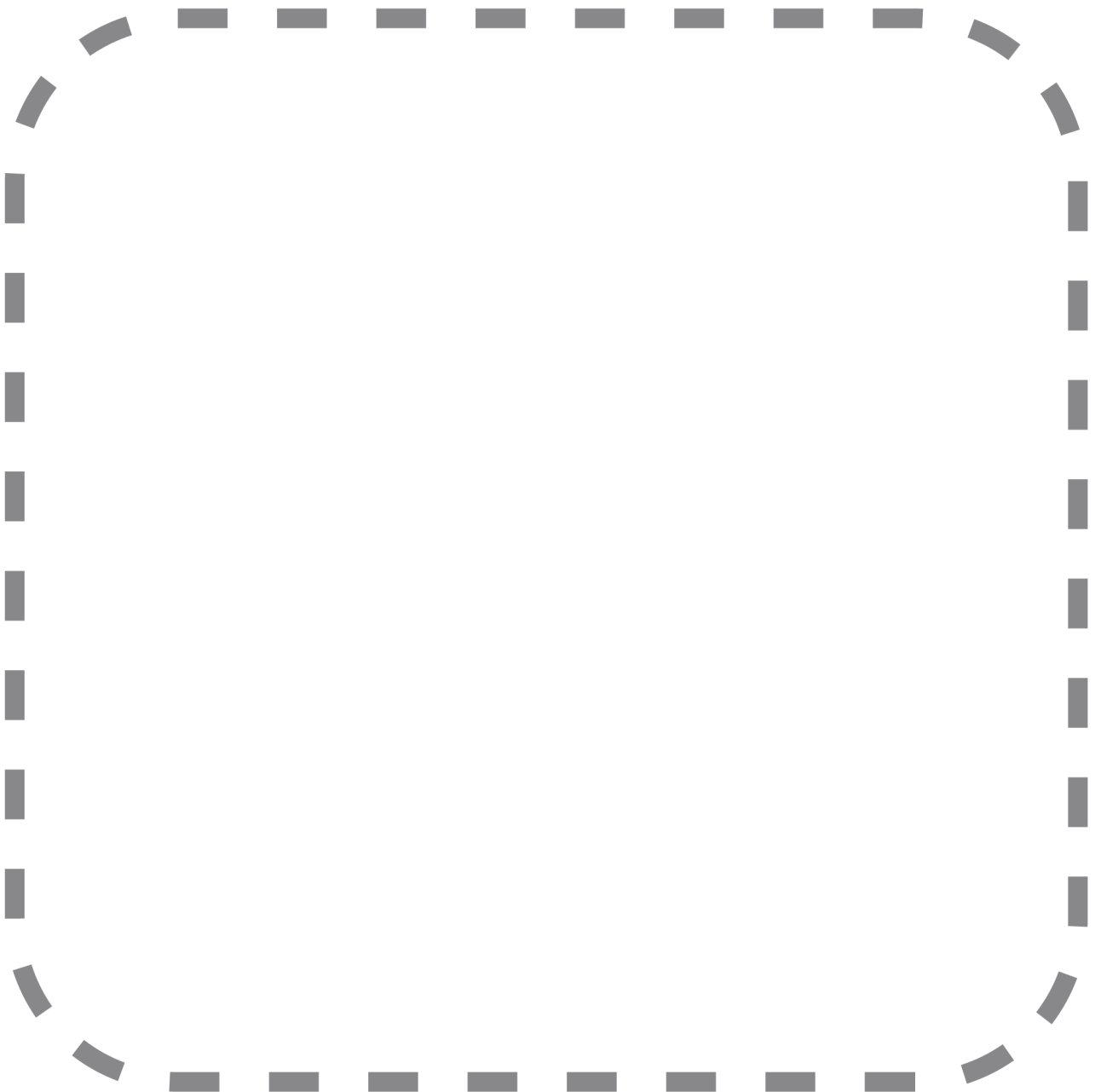
Trace the garden vines carefully as they grow.



# What Would You Plant?

If kindness were a seed, what would grow?

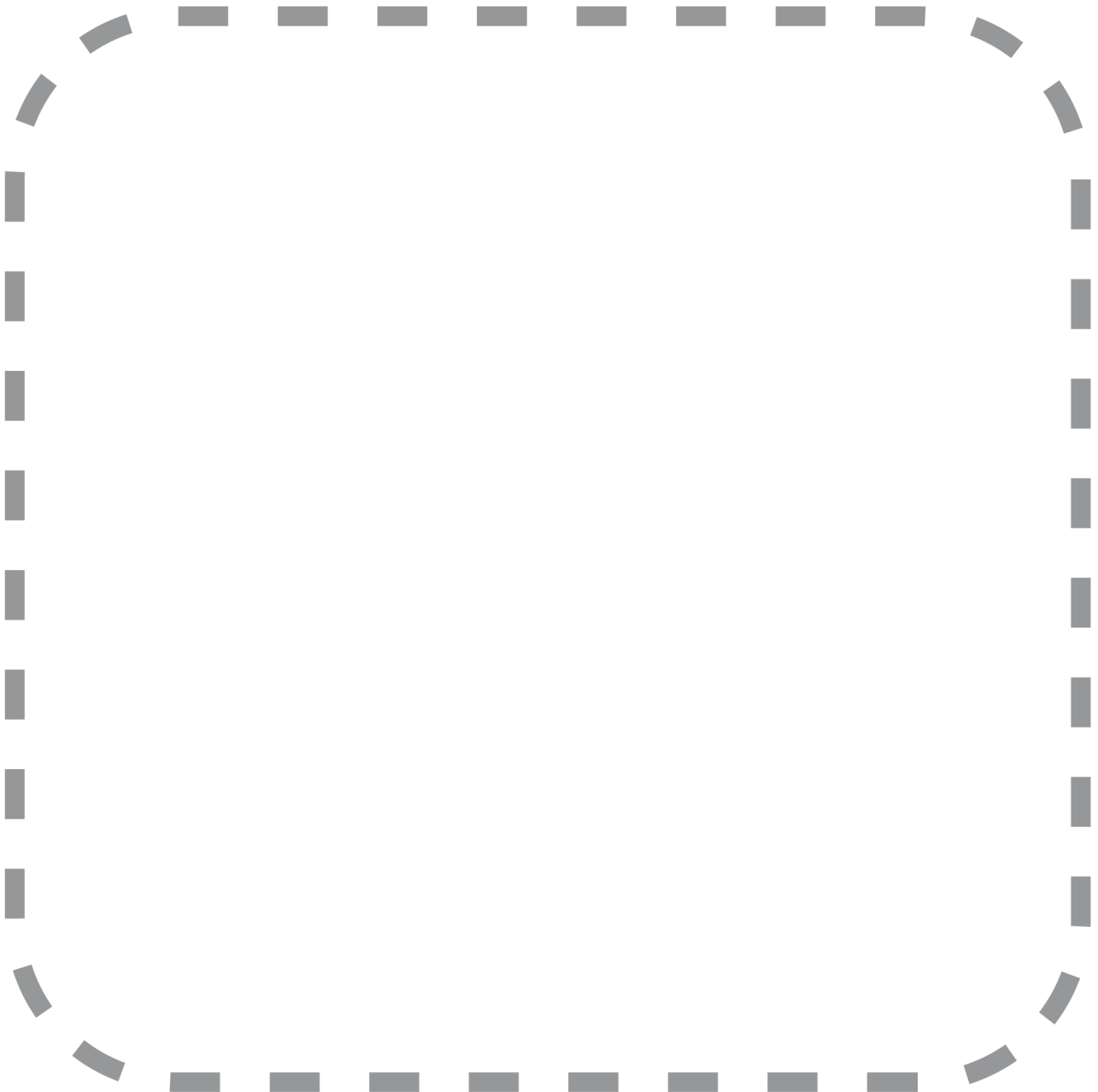
Write or draw below.



# Quiet Thought

Small kindness can bloom into something beautiful.

What kindness could you share today?





# CERTIFICATE OF PARTICIPATION

This certifies that:

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has helped kindness bloom.



Encourage kindness, creativity, and quiet moments of learning with this gentle printable activity pack.

Filled with puzzles, colouring pages, tracing, and thoughtful prompts, Kindness Blooms Pack helps children explore how caring actions can brighten the world around them.

Inspired by The Kindness Garden.

Discover more gentle stories and printable adventures at:

Miz Helena Books Story World

