

*Miz Helena Books presents...*

# Yiayia & Sienna's Sleepy Garden Colouring Pack



This Colouring Pack Belongs To:

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# Welcome to the Sleepy Garden

Welcome to the Sleepy Garden! Each page invites you to colour, imagine, and rest your heart. You can read the story first or let the pictures tell it to you. There's no wrong way – just gentle ways.



# Pip the Dream Pollinator



Colour Pip's wings with your favourite dream colours. Draw what Pip might carry in her tiny satchel. What helps you feel brave when something feels lost?



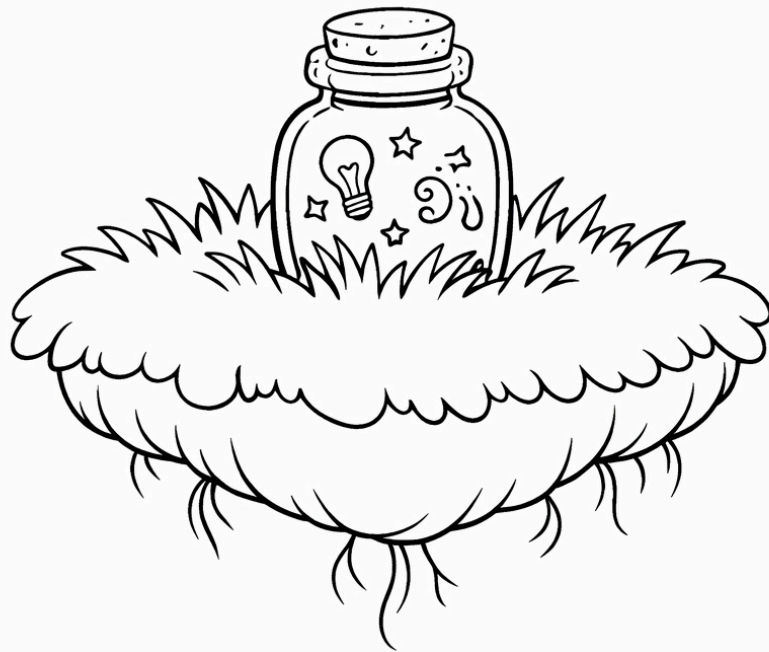
# Dream Pollen Acorn



Colour the pollen dots like tiny stars.  
Draw what kind of dream you'd keep  
inside your acorn. What dream would  
you share to help someone smile?



# Floating Tuft with Idea Jar



Colour the jar and fill it with your own ideas. Add one lost sock or cloud balloon to the meadow. What helps your imagination float?



# The Snoozle



Colour the Snoozle's fur softly. Draw what kind of dream the Snoozle might be having. What helps you rest when you feel tired?



# The Garden Awakens



Colour the garden waking up. Add one new creature that helps the garden bloom. What makes your world feel alive again?





## Thank You

Thank you for wandering through the Kindness Garden with your colours, your imagination, and your gentle heart. Every page you coloured helped the garden wake a little more.

## Reflections

As you finish this colouring pack, take a quiet moment to notice:

- What colours felt calm or happy for you
- Which creature you connected with most
- How your heart feels after creating something gentle
- One small kindness you might plant today

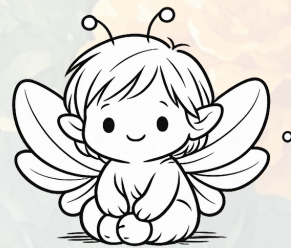
## Closing Note

You are growing beautifully.  
And the kindness you share makes the whole garden brighter

Created with love in the Kindness Garden



  
Visit the Story Garden



Pip the Dream Pollinator

